Sprained Ankle Research Study

Researchers at the University of Kentucky in the Division of Athletic Training seek participants to examine the range of motion and balance in those with a history of ankle sprain compared to individuals who have never sprained their ankles.

You may be eligible to participate if you:

• are 18 to 45 years of age;
• have not sprained your ankle in the previous 6 weeks;
• have a history of repeated ankles sprains; and
• have the sensation of the ankle giving way.

We are also seeking healthy individuals with no history of lower limb injuries.

Contact Matt Hoch, Research Investigator for this study at the Musculoskeletal Lab, Room 222 C. T. Wethington Building. For more information, call 859-323-1100 x80839 or email matt.hoch@uky.edu.